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Cellu-Quit

Bottle of 100 ml

Anti-cellulite massage oil, rich in herbal active ingredients, that improve the circulation of the liquids in the hypoderm in order to reduce noticeably the cellulite.

Definition:

The cellulite is the result of an imprisonment of grease, toxins and water in the hypoderm (deep layer of the skin) triggering the apparition of nodules (grouping of fat cells (adipocytes)) causing the deformation of subcutaneous conjunctive fabric and resulting in a visible deformation of the skin.

Mechanisms:

The role of the adipocytes: The hypoderm is composed of collagen fibres forming a network where the adipocyte cells are located. The function of those cells is to transform greases and sugars into energy matter fat and to store it as a reserve for the body. When there is an imbalance between the storage and the spending processes, the cells can inflate up to 50 times their volume and deform «the mesh of the net», giving to the skin this upholstered aspect.

The role of the lymphatic circulation: A malfunctioning or under performing venous and/or the lymphatic systems can cause the accumulation of liquids and waste in the conjunctive tissues. Those accumulations will then exert a pressure on the blood vessels and on the adipocytes, obliging the latter to gather into nodules which create the «orange skin» aspect. Consequently, imprisoned fat (or cellulite) cannot be metabolized and eliminated any more, it becomes self increasing and out of reach.

Various types of Cellulite:

- **CELLULITIS WITH WATER RETENTION (OEDEMA):** Flabby in texture and soft to the touch, this form of cellulite is due to under performing venous / lymphatic systems which allow an excessive accumulation of water and liquids in the fat fabric.
- **FAT CELLULITIS:** A more compact form of cellulite, it is due to the increased size of the adipocyte cells triggering the formation of micro nodules.
- **FIBROUS CELLULITIS:** Hard with the touch, this form of cellulite is caused by the hardening of the collagen fibres

which surround the adipocytes packed in macro nodules this time.

Causes:

Food or rather bad food is, by way of its cumulative effects, the most significant cause of the cellulite:

- **Water Retention** is amplified by the current industrialization of our food supply which contains a variety of chemical substances and preservatives. During the digestion process the body does not recognize those substances and it produces sponge like molecules to isolate those substances, but being sponges they retain water.

- **Free Radicals:** Our current food consumption of fresh fruits and vegetables (antioxidants) is very low, this deficiency favours the production of free radicals which in turn accelerate the destruction of elastin and collagen fibres surrounding the venous walls. This situation increases the porosity of the vessels and allows for their clogging and the retention of water.

- **The Formation of fat Nodules** results from an excessive consumption of sugars and fat.

- **NB:** Alcohol, tobacco, contraceptives along with some other medicinal drugs (painkiller, sedatives and analgesics) have an impact on the development of the cellulite.

Genetics:

Because women give life, they are programmed to store fat and this makes them more prone than men to have cellulite problems. However, this inequality is fading because of modern food consumption and the development obesity phenomena which it implies. Otherwise, a low collagen structure of the conjunctive fabric is a hereditary factor which is determinant in the appearance of the cellulite.

Hormones:

The microcirculation, the water retention and the distribution of fat are partly under the dependence of certain hormones. Consequently, certain hormonal modifications (puberty, pregnancy, menstrual cycle, contraception, menopause), can facilitate the appearance of cellulite.

Lifestyle advice: Physical activity Fifteen to 30 minutes of physical exercise (bike, gymnastics) practised regularly allows: - To gain muscular volume and to burn down some fat. - To strengthen the venous system and to improve circulation of liquids. - To increase the metabolism of sugars and fats preventing their transformation into cellulite.

Action of Cellu-Quit:

The plants have been selected for their thermogenic and draining actions. They favour the improvement of the blood circulation, the quality of the conjunctive tissue, and allow for a better drainage of wastes and the reduction of the fat cells.

Results of Tests carried out by Dr. Thiry, dermatologist and member of the French Society of Aesthetic Medicine: «After one month of use, 2 times per day: reduction of the perimeter of the thighs, of the cutaneous fold and of the fatty mass. Conclusion: Uncontested and astonishing effectiveness of the oil».

Instructions:

Apply the Cellu-Quit lotion twice a day on the chosen areas until full penetration of the product. Renew the operation and make a vigorous massage during a few minutes. Do not hesitate to rub the skin down with a natural massage glove before applying the lotion, it will remove dead skin layers while stimulating blood circulation.

Composition:

Olea Europaea Fruit Oil, Laurus Nobilis Leaf Oil, Anacyclus Pyrethrum Root Extract, Boswellia Serrata Gum Extract, Curcuma Longa Rhizome Extract, Mentha Spicata Oil, Limonene, Linalool.

Complementary Treatments:

DiureKal: A powerful diuretic effect acting from within to improve the circulation of liquids and to facilitate the elimination of cellular degradation waste products. Its use can improve the performance of Cellu-Quit by about 10%.

DynOrgan: Eliminates toxins and invigorates the internal organ functions (liver, kidneys, miss, gall bladder).